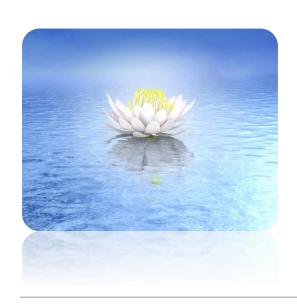
BALI RICA CLASS SCHEDULE



JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
					7	8
2	3	4	5	6		
	QIGONG 1:00	YOGA 8:00			YOGA 8:00	
	TAICHI 2:00				DHARMA 10:00	

9	QIGONG 1:00 TAICHI 2:00	YOGA 8:00	12	13	YOGA 8:00 DHARMA 10:00	15
16	QIGONG 1:00 TAICHI 2:00	18 YOGA 8:00	19	20	21 YOGA 8:00 DHARMA 10:00	22
23	QIGONG 1:00 TAICHI 2:00	25 YOGA 8:00	26	27	28 YOGA 8:00 DHARMA 10:00	29
30	QIGONG 1:00 TAICHI 2:00	YOGA 8:00	2	3	YOGA 8:00 DHARMA 10:00	5

We ask all participants in classes to be Covid vaccinated.

Or mask/sit outside of Yoga Pavilion on lawn & keep social distancing.

THANK YOU FOR UNDERSTANDING

Vinyasa Yoga

\$10 Suggested Donation - 6 students max (for healthy spacing)
To ensure your spot contact Pam whatsapp +1(414)704-4145: or Sharon at 8847-6911

ALL OTHER CLASSES NO CHARGE – THANK YOU TEACHERS FOR YOUR TIME AND GENEROSITY!

Bali Rica is located in Ojochal on Calle Papagayo. For more info contact Sharon (sharon@balirica.com) at 8847-6911

We encourage carpooling.

Please Park outside gates on Calle Papagayo, mindful to ensure that traffic can pass safely.

Unsubscribe to mailing list with email - subject line add/ delete to mailing list - to sharon@balirica.com.